

CTA JL #3 (L1) - Retreat - 08 Aug 2026
Psych Sheet - CTA JL#3 - Retreat

#101 Mixed 50 SC Meter Backstroke				
Name	Age	Team	Seed Time	
1 Maron, Rachel	W12	ORCAS-CP	NT	
2 Van Roodt, Conn	M12	UWCA-CP	NT	
3 Patentia, Chene I	W17	UWCA-CP	NT	
4 Boks, Mason	M12	UWCA-CP	NT	
5 Wyngaard, Sage	M12	RETR-CP	NT	
6 Slabb, Saig Z	W12	RETR-CP	NT	
7 Sopio, Brooklyn	W10	RETR-CP	NT	
8 Ohlson, Emily S	W11	RETR-CP	NT	
9 Lewin, Seth L	M13	RETR-CP	NT	
10 Dhassiah, Isabell	W14	RETR-CP	NT	
11 Basson, Zac M	M8	RETR-CP	NT	
12 Adams, Elisha	M8	RETR-CP	NT	
13 Fortuin, Niyaaz	M15	VINE-CP	NT	
14 Yin, Zhiang	M9	CYBE-CP	NT	
15 Chivvanza, Ruda	M12	CYBE-CP	NT	
16 Court, Luci	W11	CYBE-CP	NT	
17 Goossens, Marce	M11	CYBE-CP	NT	
18 Jackson, Aiden	M10	CYBE-CP	NT	
19 Bowring, Faye	W11	CYBE-CP	NT	
20 Kotklari, Beatris	W12	CYBE-CP	NT	
21 Achmed, Daniyal	M9	AQDO-CP	NT	
22 Davids, Connor I	M12	AQDO-CP	NT	
23 Africa, Aden R	M9	AQDO-CP	NT	
24 Young, Emily	W12	AQDO-CP	NT	
25 Alli, Muhammed	M9	AQDO-CP	NT	
26 Lewis, Mason E	M12	UWCA-CP	NT	
27 Cockrill, Eden J	M8	UWCA-CP	NT	
28 Humby-Less, Hai	W11	MANT-CP	NT	
29 Bessick, Rizia	W10	MANT-CP	NT	
30 Tucker, Ramona	W10	ORCAS-CP	NT	
31 Kantor, Grayson	M12	ORCAS-CP	NT	
32 Feinberg, Sasha	M10	ORCAS-CP	NT	
33 Feinberg, Lex	M10	ORCAS-CP	NT	
34 Davids, Amina	W12	MARL-CP	NT	
35 Cerff, Carter Z	M8	MARL-CP	NT	
36 Hendricks, Yasaa	W12	MANT-CP	NT	
37 Ramaipato, Boik	W8	UWCA-CP	1:23,56	
38 Ramaipato, Kana	W11	UWCA-CP	1:18,97	
39 Naidu, Mila	W9	VACL-CP	1:10,35	
40 Muganzi, Ezra	M8	VACL-CP	1:08,51	
41 Bester, Azhar	M7	UWCA-CP	1:07,83	
42 Jaftha, Ryo J	M13	UWCA-CP	1:07,59	
43 October, Madiso	W8	VACL-CP	1:03,70	
44 Ravell, Kaden J	M9	UWCA-CP	1:02,78	
45 Jansen, Edwin V	M10	AQDO-CP	1:00,84	
46 Kleynhans, Noah	M7	VACL-CP	1:00,72	
47 Jacobs, Zoey M	W11	AQDO-CP	1:00,52	
48 Japhets, Joel	M13	WEST-CP	1:00,50	
49 Ward, Caleb W	M8	VACL-CP	58,72	
50 Jacobs, Reuben	M13	UWCA-CP	58,34	
51 Joseph-Scheeper	M7	VACL-CP	57,66	
52 Heiberg, Kelly	W9	MANT-CP	57,24	
53 Jagers, Zion C	M7	UWCA-CP	57,20	
54 Goolam, Ruqayy	W12	MANT-CP	57,01	
55 Malan, Isla	W9	MANT-CP	55,89	
56 Hoffman, Max	M11	ORCAS-CP	55,53	
57 Phillips, Tristan I	M12	MARL-CP	55,26	
58 Bester, Azrah	W9	UWCA-CP	55,23	
59 Malan, Imogen	W11	MANT-CP	55,18	

60 Simon, Aaliyah	W13	UWCA-CP	54,84
61 Leonard, Isabell	W8	AQDO-CP	54,83
62 Palmer, Amy	W12	WEST-CP	53,21
63 Freeks, Nahum D	M9	RETR-CP	52,28
64 Wagenaar, Misch	W13	MARL-CP	51,81
65 Brooks, Erin-Lee	W10	CYBE-CP	51,75
66 Bocks, Chardè C	W14	WEST-CP	51,61
67 Chetty, Shiloh C	W13	UWCA-CP	51,31
68 Pieterse, Gemma	W11	RETR-CP	50,47
69 Maloy, Isabella	W10	RETR-CP	49,57
70 Bloemetje, Kai M	M12	MANT-CP	49,38
71 Elhadad, Elior	M10	VACL-CP	48,88
72 Herskovitz, Jon-J	M12	ORCAS-CP	48,75
73 Fenton, Tyler M	M10	MANT-CP	47,69
74 Brink, Kenzee	W12	MANT-CP	47,60
75 Cloete, Grace A	W12	VACL-CP	47,53
76 Ikedachi, Shekin	W13	MANT-CP	44,29
77 Cloete, Glenn D	M14	VACL-CP	41,84

#202 Mixed 25 SC Meter Butterfly				
Name	Age	Team	Seed Time	
1 Humby-Less, Hai	W11	MANT-CP	NT	
2 Bessick, Rizia	W10	MANT-CP	NT	
3 Taylor, Isaiah M	M11	WEST-CP	NT	
4 Solomon, Yaqeen	M10	WEST-CP	NT	
5 Erasmus, Ezra	M11	WEST-CP	NT	
6 Kleynhans, Noah	M7	VACL-CP	NT	
7 Ward, Caleb W	M8	VACL-CP	NT	
8 Tucker, Ramona	W10	ORCAS-CP	NT	
9 Kuhn, Tayla	W10	ORCAS-CP	NT	
10 Feinberg, Sasha	M10	ORCAS-CP	NT	
11 Feinberg, Lex	M10	ORCAS-CP	NT	
12 Naidu, Mila	W9	VACL-CP	42,52	
13 Ramaipato, Boik	W8	UWCA-CP	39,38	
14 October, Madiso	W8	VACL-CP	33,55	
15 Muganzi, Ezra	M8	VACL-CP	32,72	
16 Ramaipato, Kana	W11	UWCA-CP	31,20	
17 Sclafani, Matteo	M8	VACL-CP	22,05	

#102 Mixed 100 SC Meter Backstroke				
Name	Age	Team	Seed Time	
1 Maron, Rachel	W12	ORCAS-CP	NT	
2 Sopio, Brooklyn	W10	RETR-CP	NT	
3 Ohlson, Emily S	W11	RETR-CP	NT	
4 Lewin, Seth L	M13	RETR-CP	NT	
5 Dhassiah, Isabell	W14	RETR-CP	NT	
6 Pieterse, Gemma	W11	RETR-CP	NT	
7 Adonis, Nieco F	W13	RETR-CP	NT	
8 Maloy, Isabella	W10	RETR-CP	NT	
9 Huang, Bella	W9	CYBE-CP	NT	
10 Southgate, Luca I	M13	AQDO-CP	NT	
11 Barnard, Madiso	W13	AQDO-CP	NT	
12 Visser, Chasin P	M11	UWCA-CP	NT	
13 Simon, Raeeq	M17	UWCA-CP	NT	
14 Pasquallie, Tiyan	W12	UWCA-CP	NT	
15 Bell, Stacey	W9	UWCA-CP	NT	
16 Twilley, Alicia	W8	UWCA-CP	NT	
17 Goolam, Ruqayy	W12	MANT-CP	NT	
18 Elhadad, Elior	M10	VACL-CP	NT	
19 Wallace, Annabe	W13	MARL-CP	NT	
20 Stemmet, Riley	W10	MARL-CP	NT	
21 Abrahams, Israh	W9	MARL-CP	NT	

22 Mohamed, Alma	W9	MARL-CP	2:35,49
23 Ramaila, Kelebo	W15	UWCA-CP	2:29,08
24 Ramaila, Kelebo	W15	UWCA-CP	2:06,44
25 Gierdien, Ayesha	W9	MARL-CP	2:01,26
26 Visser, Alayna L	W13	UWCA-CP	1:53,25
27 Lucas, Lily	W14	UWCA-CP	1:47,77
28 Arendse, Aidan	M12	MANT-CP	1:47,55
29 Brown, Ishaam	M14	UWCA-CP	1:44,50
30 Filander, Zeack	M18	UWCA-CP	1:39,93
31 Louw, Emily C	W13	UWCA-CP	1:34,84
32 Honneysett, Am	W14	AQDO-CP	1:31,13
33 De Mink, Matthe	M18	UWCA-CP	1:28,80

#111 Mixed 9 & Over 200 SC Meter Freestyle				
Name	Age	Team	Seed Time	
1 Witbooi, Mia	W13	RETR-CP	NT	
2 Ohlson, Emily S	W11	RETR-CP	NT	
3 Lewin, Seth L	M13	RETR-CP	NT	
4 Pieterse, Gemma	W11	RETR-CP	NT	
5 Huang, Bella	W9	CYBE-CP	NT	
6 Chibinya, Victori	W11	CYBE-CP	NT	
7 Brooks, Erin-Lee	W10	CYBE-CP	NT	
8 Jackson, Aiden	M10	CYBE-CP	NT	
9 Dembaremba, Ti	W11	CYBE-CP	NT	
10 Chen, Leo	M11	CYBE-CP	NT	
11 Tian, Annie	W8	CYBE-CP	NT	
12 Nepgen, Leia	W9	CYBE-CP	NT	
13 Southgate, Luca I	M13	AQDO-CP	NT	
14 Cupido, Jesse C	M14	AQDO-CP	NT	
15 Jacobs, Zoey M	W11	AQDO-CP	NT	
16 Daniels, McKenz	W11	AQDO-CP	NT	
17 Barnard, Madiso	W13	AQDO-CP	NT	
18 Bell, Stacey	W9	UWCA-CP	NT	
19 Fenton, Tyler M	M10	MANT-CP	NT	
20 Brink, Kenzee	W12	MANT-CP	NT	
21 Cloete, Grace A	W12	VACL-CP	NT	
22 Cloete, Glenn D	M14	VACL-CP	NT	
23 Malan, Imogen	W11	MANT-CP	3:58,96	
24 Lee, Salma L	W13	MANT-CP	3:31,47	
25 Adonis, Nieco F	W13	RETR-CP	3:25,24	
26 Davids, Connor I	M12	AQDO-CP	3:20,65	
27 Kotklari, Beatris	W12	CYBE-CP	3:07,18	
28 Adams, Hezekiah	M14	RETR-CP	3:05,01	
29 Honneysett, Am	W14	AQDO-CP	3:02,78	

#103 Mixed 50 SC Meter Butterfly				
Name	Age	Team	Seed Time	
1 Maron, Rachel	W12	ORCAS-CP	NT	
2 Van Roodt, Conn	M12	UWCA-CP	NT	
3 Boks, Mason	M12	UWCA-CP	NT	
4 Witbooi, Mia	W13	RETR-CP	NT	
5 Sopio, Brooklyn	W10	RETR-CP	NT	
6 Lewin, Seth L	M13	RETR-CP	NT	
7 Dhassiah, Isabell	W14	RETR-CP	NT	
8 Basson, Zac M	M8	RETR-CP	NT	
9 Pieterse, Gemma	W11	RETR-CP	NT	
10 Fortuin, Niyaaz	M15	VINE-CP	NT	
11 Yin, Zhiang	M9	CYBE-CP	NT	
12 Chivvanza, Ruda	M12	CYBE-CP	NT	
13 Court, Luci	W11	CYBE-CP	NT	
14 Chibinya, Victori	W11	CYBE-CP	NT	
15 Goossens, Marce	M11	CYBE-CP	NT	

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#103 ... (Mixed 50 SC Meter Butterfly)

16	Dembaremba, Ti	W11	CYBE-CP	NT
17	Chen, Leo	M11	CYBE-CP	NT
18	Walker, Hannah-	W8	CYBE-CP	NT
19	Nepgen, Leia	W9	CYBE-CP	NT
20	Bowring, Faye	W11	CYBE-CP	NT
21	Kotklier, Beatris	W12	CYBE-CP	NT
22	Jansen, Edwin V	M10	AQDO-CP	NT
23	Honeysett, Am	W14	AQDO-CP	NT
24	Lewis, Mason E	M12	UWCA-CP	NT
25	Simon, Aaliyah	W13	UWCA-CP	NT
26	Cockrill, Eden J	M8	UWCA-CP	NT
27	Bester, Azhar	M7	UWCA-CP	NT
28	Jaftha, Ryo J	M13	UWCA-CP	NT
29	Arendse, Aidan	M12	MANT-CP	NT
30	Palmer, Amy	W12	WEST-CP	NT
31	Japhets, Joel	M13	WEST-CP	NT
32	Cloete, Grace A	W12	VACL-CP	NT
33	Cloete, Glenn D	M14	VACL-CP	NT
34	Joseph-Scheeper	M7	VACL-CP	NT
35	Kantor, Grayson	M12	ORCAS-CP	NT
36	Herskovitz, Jon-J	M12	ORCAS-CP	NT
37	Hendricks, Yasaa	W12	MANT-CP	NT
38	Visser, Chasin P	M11	UWCA-CP	1:11,34
39	Adams, Elisha	M8	RETR-CP	1:11,23
40	Ravell, Kaden J	M9	UWCA-CP	1:08,03
41	Jagers, Zion C	M7	UWCA-CP	1:07,07
42	Bester, Azrah	W9	UWCA-CP	1:06,75
43	Jacobs, Zoey M	W11	AQDO-CP	59,13
44	Abrahams, Israh	W9	MARL-CP	57,95
45	Freeks, Nahum E	M9	RETR-CP	54,76
46	Elhadad, Elior	M10	VACL-CP	53,51
47	Daniels, McKenzi	W11	AQDO-CP	52,67
48	Simon, Raeeq	M17	UWCA-CP	51,20
49	Jacobs, Reuben	M13	UWCA-CP	50,25
50	Wagenaar, Misch	W13	MARL-CP	50,15
51	Bloemetje, Kai M	M12	MANT-CP	49,31
52	Adonis, Nieco F	W13	RETR-CP	46,87
53	Fenton, Tyler M	M10	MANT-CP	46,27
54	Louw, Emily C	W13	UWCA-CP	44,51
55	Ikedachi, Shekin	W13	MANT-CP	40,75
56	Adams, Hezekial	M14	RETR-CP	38,35

#201 Mixed 25 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Davids, Eli J	M8	RETR-CP	NT
2 Poggenpoel, Zide	M13	RETR-CP	NT
3 Van Reenen, Em	W8	RETR-CP	NT
4 Selebogo, Mothe	M10	RETR-CP	NT
5 Mehl, Ava R	W8	RETR-CP	NT
6 Knowlden, Neha	W9	RETR-CP	NT
7 Fritz, Majesty H	W7	RETR-CP	NT
8 Taylor, Isaiah M	M11	WEST-CP	NT
9 Solomon, Yaqeer	M10	WEST-CP	NT
10 Erasmus, Ezra	M11	WEST-CP	NT
11 Kuhn, Tayla	W10	ORCAS-CP	NT
12 Meyers, Nova Z	W6	RETR-CP	35,66
13 Simpson, Michae	M8	RETR-CP	32,64
14 De Bruin, Eli S	M9	RETR-CP	30,09
15 Cerff, Carter Z	M8	MARL-CP	28,27
16 Sclafani, Matteo	M8	VACL-CP	22,13

#104 Mixed 100 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Maron, Rachel	W12	ORCAS-CP	NT
2 Tian, Annie	W8	CYBE-CP	NT
3 Young, Emily	W12	AQDO-CP	NT
4 Ramaila, Kelebo	W15	UWCA-CP	NT
5 Brown, Ishaam	M14	UWCA-CP	NT
6 Visser, Alayna L	W13	UWCA-CP	NT
7 Pasquallie, Tiyan	W12	UWCA-CP	NT
8 Bell, Stacey	W9	UWCA-CP	NT
9 Twilley, Alicia	W8	UWCA-CP	NT
10 Chetty, Shiloh C	W13	UWCA-CP	NT
11 Ramaila, Kealebo	W15	UWCA-CP	2:15,97
12 Lucas, Lily	W14	UWCA-CP	1:49,47

#109 Mixed 9 & Over 200 SC Meter IM

Name	Age	Team	Seed Time
1 Huang, Bella	W9	CYBE-CP	NT
2 Chibinya, Victori	W11	CYBE-CP	NT
3 Brooks, Erin-Lee	W10	CYBE-CP	NT
4 Jackson, Aiden	M10	CYBE-CP	NT
5 Dembaremba, Ti	W11	CYBE-CP	NT
6 Chen, Leo	M11	CYBE-CP	NT
7 Tian, Annie	W8	CYBE-CP	NT
8 Nepgen, Leia	W9	CYBE-CP	NT
9 Davids, Connor L	M12	AQDO-CP	NT
10 Cupido, Jesse C	M14	AQDO-CP	NT
11 Daniels, McKenzi	W11	AQDO-CP	NT
12 Barnard, Madiso	W13	AQDO-CP	NT
13 Ramaila, Kelebo	W15	UWCA-CP	NT
14 Ramaila, Kealebo	W15	UWCA-CP	NT
15 Simon, Aaliyah	W13	UWCA-CP	NT
16 Brown, Ishaam	M14	UWCA-CP	NT
17 Visser, Alayna L	W13	UWCA-CP	NT
18 Simon, Raeeq	M17	UWCA-CP	NT
19 Lucas, Lily	W14	UWCA-CP	NT
20 Lee, Salma L	W13	MANT-CP	NT
21 Fenton, Tyler M	M10	MANT-CP	NT
22 Ikedachi, Shekin	W13	MANT-CP	NT
23 Heiberg, Kelly	W9	MANT-CP	NT
24 Cloete, Grace A	W12	VACL-CP	NT
25 Cloete, Glenn D	M14	VACL-CP	NT
26 Hendricks, Yasaa	W12	MANT-CP	NT
27 Malan, Imogen	W11	MANT-CP	4:29,77
28 Louw, Emily C	W13	UWCA-CP	4:01,13
29 De Mink, Matthe	M18	UWCA-CP	3:51,43
30 Brink, Kenzee	W12	MANT-CP	3:30,46
31 Kotklier, Beatris	W12	CYBE-CP	3:29,68
32 Filander, Zeack	M18	UWCA-CP	3:26,98

#105 Mixed 50 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Maron, Rachel	W12	ORCAS-CP	NT
2 Van Roodt, Conn	M12	UWCA-CP	NT
3 Patentia, Chene I	W17	UWCA-CP	NT
4 Boks, Mason	M12	UWCA-CP	NT
5 Wyngaard, Sage	M12	RETR-CP	NT
6 Slabb, Saig Z	W12	RETR-CP	NT
7 Witbooi, Mia	W13	RETR-CP	NT
8 Sopio, Brooklyn	W10	RETR-CP	NT
9 Ohlson, Emily S	W11	RETR-CP	NT
10 Lewin, Seth L	M13	RETR-CP	NT

11	Dhassiah, Isabell	W14	RETR-CP	NT
12	Basson, Zac M	M8	RETR-CP	NT
13	Fortuin, Niyaz	M15	VINE-CP	NT
14	Yin, Zhiang	M9	CYBE-CP	NT
15	Chivvanza, Ruda	M12	CYBE-CP	NT
16	Court, Luci	W11	CYBE-CP	NT
17	Goossens, Marce	M11	CYBE-CP	NT
18	Jackson, Aiden	M10	CYBE-CP	NT
19	Bowring, Faye	W11	CYBE-CP	NT
20	Lewis, Mason E	M12	UWCA-CP	NT
21	Cockrill, Eden J	M8	UWCA-CP	NT
22	Humby-Less, Hai	W11	MANT-CP	NT
23	Bessick, Rizia	W10	MANT-CP	NT
24	Tucker, Ramona	W10	ORCAS-CP	NT
25	Kuhn, Tayla	W10	ORCAS-CP	NT
26	Kantor, Grayson	M12	ORCAS-CP	NT
27	Feinberg, Sasha	M10	ORCAS-CP	NT
28	Feinberg, Lex	M10	ORCAS-CP	NT
29	Cerff, Carter Z	M8	MARL-CP	NT
30	Raybin, Izayah	M12	RETR-CP	1:12,87
31	Ramaipato, Boik	W8	UWCA-CP	1:07,44
32	Naidu, Mila	W9	VACL-CP	1:07,19
33	Africa, Aden R	M9	AQDO-CP	1:00,52
34	Bester, Azhar	M7	UWCA-CP	1:00,50
35	Ramaipato, Kana	W11	UWCA-CP	57,85
36	Adams, Elisha	M8	RETR-CP	57,65
37	Muganzi, Ezra	M8	VACL-CP	56,38
38	Kleynhans, Noah	M7	VACL-CP	55,46
39	October, Madiso	W8	VACL-CP	53,32
40	Jaftha, Ryo J	M13	UWCA-CP	49,46
41	Ward, Caleb W	M8	VACL-CP	47,85
42	Phillips, Tristan	M12	MARL-CP	47,50
43	Joseph-Scheeper	M7	VACL-CP	46,92
44	Bester, Azrah	W9	UWCA-CP	46,89
45	Goolam, Ruqayy	W12	MANT-CP	46,58
46	Jacobs, Reuben	M13	UWCA-CP	44,58
47	Bocks, Chardè C	W14	WEST-CP	43,71
48	Chetty, Shiloh C	W13	UWCA-CP	43,33
49	Simon, Aaliyah	W13	UWCA-CP	42,97
50	Maloy, Isabella	W10	RETR-CP	42,55
51	Pieterse, Gemma	W11	RETR-CP	42,52
52	Lamohr, Ishrah	W13	RETR-CP	42,16
53	Hoffman, Max	M11	ORCAS-CP	42,12
54	Sclafani, Matteo	M8	VACL-CP	41,25
55	Freeks, Nahum E	M9	RETR-CP	41,19
56	Cloete, Grace A	W12	VACL-CP	40,20
57	Japhets, Joel	M13	WEST-CP	40,19
58	Adonis, Nieco F	W13	RETR-CP	38,37
59	Herskovitz, Jon-J	M12	ORCAS-CP	36,38
60	Arendse, Aidan	M12	MANT-CP	35,38
61	Adams, Hezekial	M14	RETR-CP	35,14
62	Cloete, Glenn D	M14	VACL-CP	33,54
63	De Mink, Matthe	M18	UWCA-CP	30,03

#203 Mixed 25 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Davids, Eli J	M8	RETR-CP	NT
2 Poggenpoel, Zide	M13	RETR-CP	NT
3 Van Reenen, Em	W8	RETR-CP	NT
4 Mehl, Ava R	W8	RETR-CP	NT
5 Knowlden, Neha	W9	RETR-CP	NT
6 Fritz, Majesty H	W7	RETR-CP	NT

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#203 ... (Mixed 25 SC Meter Breaststroke)

7	Africa, Aden R	M9	AQDO-CP	NT
8	Taylor, Isaiah M	M11	WEST-CP	NT
9	Solomon, Yaqeer	M10	WEST-CP	NT
10	Erasmus, Ezra	M11	WEST-CP	NT
11	October, Madison	W8	VACL-CP	NT
12	Feinberg, Lex	M10	ORCAS-CP	NT
13	Meyers, Nova Z	W6	RETR-CP	46,24
14	Selebogo, Mothe	M10	RETR-CP	34,73
15	Stemmet, Riley	W10	MARL-CP	33,18
16	Simpson, Michael	M8	RETR-CP	30,74
17	Mohamed, Almar	W9	MARL-CP	30,26
18	De Bruin, Eli S	M9	RETR-CP	29,23

#106 Mixed 100 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Maron, Rachel	W12	ORCAS-CP	NT
2 Lewin, Seth L	M13	RETR-CP	NT
3 Dhassiah, Isabell	W14	RETR-CP	NT
4 Lamohr, Ishrah	W13	RETR-CP	NT
5 Yin, Zhiang	M9	CYBE-CP	NT
6 Chivvanza, Ruda	M12	CYBE-CP	NT
7 Court, Luci	W11	CYBE-CP	NT
8 Goossens, Marce	M11	CYBE-CP	NT
9 Bowring, Faye	W11	CYBE-CP	NT
10 Achmed, Daniyal	M9	AQDO-CP	NT
11 Leonard, Isabell	W8	AQDO-CP	NT
12 Alli, Muhammed	M9	AQDO-CP	NT
13 Pasquallie, Tiyan	W12	UWCA-CP	NT
14 Jagers, Zion C	M7	UWCA-CP	NT
15 Humby-Less, Hai	W11	MANT-CP	NT
16 Ikedachi, Shekin	W13	MANT-CP	NT
17 Hendricks, Yasaa	W12	MANT-CP	NT
18 Muganzi, Ezra	M8	VACL-CP	2:20,07
19 Ravell, Kaden J	M9	UWCA-CP	2:07,60
20 Mohamed, Almar	W9	MARL-CP	2:07,32
21 Kleynhans, Noah	M7	VACL-CP	2:06,40
22 October, Madison	W8	VACL-CP	2:02,92
23 Heiberg, Kelly	W9	MANT-CP	2:00,46
24 Walker, Hannah	W8	CYBE-CP	1:59,69
25 Visser, Chasin P	M11	UWCA-CP	1:56,66
26 Twilley, Alicia	W8	UWCA-CP	1:53,88
27 Stemmet, Riley	W10	MARL-CP	1:51,37
28 Malan, Isla	W9	MANT-CP	1:50,89
29 Davids, Amina	W12	MARL-CP	1:50,47
30 Goolam, Ruqayy	W12	MANT-CP	1:50,26
31 Abrahams, Israh	W9	MARL-CP	1:49,15
32 Pieterse, Gemma	W11	RETR-CP	1:43,70
33 Ramaila, Kelebo	W15	UWCA-CP	1:42,73
34 Elhadad, Elior	M10	VACL-CP	1:41,21
35 Ramaila, Kealebr	W15	UWCA-CP	1:36,30
36 Visser, Alayna L	W13	UWCA-CP	1:36,10
37 Lee, Salma L	W13	MANT-CP	1:33,89
38 Palmer, Amy	W12	WEST-CP	1:33,26
39 Lucas, Lily	W14	UWCA-CP	1:32,46
40 Wallace, Annabe	W13	MARL-CP	1:31,02
41 Wagenaar, Misch	W13	MARL-CP	1:29,92
42 Simon, Raeeq	M17	UWCA-CP	1:29,91
43 Brown, Ishaam	M14	UWCA-CP	1:28,17
44 Shem-Tov, Georg	W13	VACL-CP	1:27,39
45 Kotkliar, Beatris	W12	CYBE-CP	1:25,68

46	Louw, Emily C	W13	UWCA-CP	1:23,65
47	Southgate, Luca	M13	AQDO-CP	1:23,37
48	Filander, Zeack	M18	UWCA-CP	1:21,78
49	Brink, Kenzee	W12	MANT-CP	1:20,01
50	Gierdien, Ayesha	W9	MARL-CP	57,30

#107 Mixed 50 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Maron, Rachel	W12	ORCAS-CP	NT
2 Van Roodt, Conn	M12	UWCA-CP	NT
3 Patentia, Chene I	W17	UWCA-CP	NT
4 Boks, Mason	M12	UWCA-CP	NT
5 Witbooi, Mia	W13	RETR-CP	NT
6 Sopio, Brooklyn	W10	RETR-CP	NT
7 Ohlson, Emily S	W11	RETR-CP	NT
8 Dhassiah, Isabell	W14	RETR-CP	NT
9 Basson, Zac M	M8	RETR-CP	NT
10 Raybin, Izayah	M12	RETR-CP	NT
11 Yin, Zhiang	M9	CYBE-CP	NT
12 Chivvanza, Ruda	M12	CYBE-CP	NT
13 Court, Luci	W11	CYBE-CP	NT
14 Huang, Bella	W9	CYBE-CP	NT
15 Goossens, Marce	M11	CYBE-CP	NT
16 Jackson, Aiden	M10	CYBE-CP	NT
17 Chen, Leo	M11	CYBE-CP	NT
18 Bowring, Faye	W11	CYBE-CP	NT
19 Davids, Connor I	M12	AQDO-CP	NT
20 Barnard, Madiso	W13	AQDO-CP	NT
21 Lewis, Mason E	M12	UWCA-CP	NT
22 Ramaipato, Kana	W11	UWCA-CP	NT
23 Ramaipato, Boik	W8	UWCA-CP	NT
24 Jacobs, Reuben	M13	UWCA-CP	NT
25 Cockrill, Eden J	M8	UWCA-CP	NT
26 Japhets, Joel	M13	WEST-CP	NT
27 Kleynhans, Noah	M7	VACL-CP	NT
28 Tucker, Ramona	W10	ORCAS-CP	NT
29 Kantor, Grayson	M12	ORCAS-CP	NT
30 Alli, Muhammed	M9	AQDO-CP	1:15,62
31 Naidu, Mila	W9	VACL-CP	1:14,68
32 Adams, Elisha	M8	RETR-CP	1:14,36
33 Maloy, Isabella	W10	RETR-CP	1:13,33
34 Bester, Azhar	M7	UWCA-CP	1:12,56
35 Muganzi, Ezra	M8	VACL-CP	1:11,01
36 Simon, Aaliyah	W13	UWCA-CP	1:10,07
37 Jagers, Zion C	M7	UWCA-CP	1:09,52
38 Visser, Chasin P	M11	UWCA-CP	1:09,50
39 Achmed, Daniyal	M9	AQDO-CP	1:07,36
40 Adams, Hezekiah	M14	RETR-CP	1:06,96
41 Ward, Caleb W	M8	VACL-CP	1:06,71
42 Goolam, Ruqayy	W12	MANT-CP	1:03,92
43 Pieterse, Gemma	W11	RETR-CP	1:00,44
44 Sclafani, Matteo	M8	VACL-CP	59,35
45 Kuhn, Tayla	W10	ORCAS-CP	59,06
46 Malan, Imogen	W11	MANT-CP	57,14
47 Bloemetje, Kai M	M12	MANT-CP	57,05
48 Hoffman, Max	M11	ORCAS-CP	55,10
49 Lamohr, Ishrah	W13	RETR-CP	54,74
50 Palmer, Amy	W12	WEST-CP	54,65
51 Freeks, Nahum D	M9	RETR-CP	54,59
52 Wagenaar, Misch	W13	MARL-CP	54,09
53 Arendse, Aidan	M12	MANT-CP	51,82
54 Kotkliar, Beatris	W12	CYBE-CP	51,74

55	Shem-Tov, Georg	W13	VACL-CP	51,09
56	Lee, Salma L	W13	MANT-CP	48,58
57	Adonis, Nieco F	W13	RETR-CP	48,16
58	Bocks, Chardè C	W14	WEST-CP	46,85

#204 Mixed 25 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Davids, Eli J	M8	RETR-CP	NT
2 Poggenpoel, Zida	M13	RETR-CP	NT
3 Van Reenen, Em	W8	RETR-CP	NT
4 Mehl, Ava R	W8	RETR-CP	NT
5 Knowlden, Neha	W9	RETR-CP	NT
6 Fritz, Majesty H	W7	RETR-CP	NT
7 Taylor, Isaiah M	M11	WEST-CP	NT
8 Solomon, Yaqeer	M10	WEST-CP	NT
9 Erasmus, Ezra	M11	WEST-CP	NT
10 Mohamed, Almar	W9	MARL-CP	NT
11 Selebogo, Mothe	M10	RETR-CP	28,04
12 Cerff, Carter Z	M8	MARL-CP	27,19
13 Meyers, Nova Z	W6	RETR-CP	27,13
14 Simpson, Michael	M8	RETR-CP	25,57
15 De Bruin, Eli S	M9	RETR-CP	24,39
16 Stemmet, Riley	W10	MARL-CP	22,48
17 Gierdien, Ayesha	W9	MARL-CP	21,84

#108 Mixed 100 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Maron, Rachel	W12	ORCAS-CP	NT
2 Witbooi, Mia	W13	RETR-CP	NT
3 Sopio, Brooklyn	W10	RETR-CP	NT
4 Ohlson, Emily S	W11	RETR-CP	NT
5 Adams, Hezekiah	M14	RETR-CP	NT
6 Raybin, Izayah	M12	RETR-CP	NT
7 Lamohr, Ishrah	W13	RETR-CP	NT
8 Huang, Bella	W9	CYBE-CP	NT
9 Dembaremba, Ti	W11	CYBE-CP	NT
10 Chen, Leo	M11	CYBE-CP	NT
11 Walker, Hannah	W8	CYBE-CP	NT
12 Nepgen, Leia	W9	CYBE-CP	NT
13 Southgate, Luca	M13	AQDO-CP	NT
14 Cupido, Jesse C	M14	AQDO-CP	NT
15 Leonard, Isabell	W8	AQDO-CP	NT
16 Jansen, Edwin V	M10	AQDO-CP	NT
17 Honneysett, Am	W14	AQDO-CP	NT
18 Daniels, McKenzi	W11	AQDO-CP	NT
19 Ravell, Kaden J	M9	UWCA-CP	NT
20 De Mink, Matthe	M18	UWCA-CP	NT
21 Simon, Raeeq	M17	UWCA-CP	NT
22 Bester, Azrah	W9	UWCA-CP	NT
23 Bell, Stacey	W9	UWCA-CP	NT
24 Jaftha, Ryo J	M13	UWCA-CP	NT
25 Japhets, Joel	M13	WEST-CP	NT
26 Shem-Tov, Georg	W13	VACL-CP	NT
27 Elhadad, Elior	M10	VACL-CP	NT
28 Cloete, Grace A	W12	VACL-CP	NT
29 Cloete, Glenn D	M14	VACL-CP	NT
30 Gierdien, Ayesha	W9	MARL-CP	NT
31 Hendricks, Yasaa	W12	MANT-CP	NT
32 Visser, Alayna L	W13	UWCA-CP	2:17,47
33 Malan, Isla	W9	MANT-CP	2:17,39
34 Joseph-Scheeper	M7	VACL-CP	2:15,09
35 Pasquallie, Tiyan	W12	UWCA-CP	2:10,73

CTA JL #3 (L1) - Retreat - 08 Aug 2026

Psych Sheet - CTA JL#3 - Retreat

#108 ... (Mixed 100 SC Meter Breaststroke)

36	Twilley, Alicia	W8	UWCA-CP	2:10,40
37	Chetty, Shiloh C	W13	UWCA-CP	2:08,51
38	Heiberg, Kelly	W9	MANT-CP	2:07,63
39	Davids, Amina	W12	MARL-CP	2:07,26
40	Ramaila, Kelebo	W15	UWCA-CP	2:05,44
41	Young, Emily	W12	AQDO-CP	2:04,79
42	Lucas, Lily	W14	UWCA-CP	2:04,08
43	Phillips, Tristan I	M12	MARL-CP	2:01,16
44	Ramaila, Kealeb	W15	UWCA-CP	1:53,42
45	Brink, Kenzee	W12	MANT-CP	1:52,11
46	Bocks, Chardè C	W14	WEST-CP	1:51,98
47	Adonis, Nieco F	W13	RETR-CP	1:49,38
48	Kotkliar, Beatris	W12	CYBE-CP	1:47,70
49	Brown, Ishaam	M14	UWCA-CP	1:45,81
50	Lee, Salma L	W13	MANT-CP	1:45,38
51	Louw, Emily C	W13	UWCA-CP	1:43,97
52	Filander, Zeack	M18	UWCA-CP	1:39,34

#110 Mixed 100 SC Meter IM

Name	Age	Team	Seed Time
1 Yin, Zhiang	M9	CYBE-CP	NT
2 Chivvanza, Ruda	M12	CYBE-CP	NT
3 Court, Luci	W11	CYBE-CP	NT
4 Goossens, Marce	M11	CYBE-CP	NT
5 Jackson, Aiden	M10	CYBE-CP	NT
6 Dembaremba, Ti	W11	CYBE-CP	NT
7 Chen, Leo	M11	CYBE-CP	NT
8 Walker, Hannah-	W8	CYBE-CP	NT
9 Nepgen, Leia	W9	CYBE-CP	NT
10 Bowring, Faye	W11	CYBE-CP	NT
11 Kotkliar, Beatris	W12	CYBE-CP	NT
12 Jansen, Edwin V	M10	AQDO-CP	NT
13 Jacobs, Zoey M	W11	AQDO-CP	NT
14 Visser, Chasin P	M11	UWCA-CP	NT
15 Ramaipato, Kana	W11	UWCA-CP	NT
16 Ramaipato, Boik	W8	UWCA-CP	NT
17 Pasquallie, Tiyan	W12	UWCA-CP	NT
18 Bester, Azhar	M7	UWCA-CP	NT
19 Jagers, Zion C	M7	UWCA-CP	NT
20 Humby-Less, Hai	W11	MANT-CP	NT
21 Palmer, Amy	W12	WEST-CP	NT
22 Naidu, Mila	W9	VACLC-CP	NT
23 Hoffman, Max	M11	ORCAS-CP	NT
24 Kantor, Grayson	M12	ORCAS-CP	NT
25 Herskovitz, Jon-J	M12	ORCAS-CP	NT
26 Davids, Amina	W12	MARL-CP	NT
27 Phillips, Tristan I	M12	MARL-CP	NT
28 Ward, Caleb W	M8	VACLC-CP	2:18,76
29 Ravell, Kaden J	M9	UWCA-CP	2:12,03
30 Twilley, Alicia	W8	UWCA-CP	2:06,37
31 Abrahams, Israh	W9	MARL-CP	2:04,03
32 Malan, Isla	W9	MANT-CP	2:02,49
33 Bester, Azrah	W9	UWCA-CP	2:02,06
34 Wagenaar, Misch	W13	MARL-CP	1:53,83
35 Wallace, Annabe	W13	MARL-CP	1:49,62
36 Bloemetje, Kai M	M12	MANT-CP	1:49,09
37 Elhadad, Elior	M10	VACLC-CP	1:44,91